



Jutsu

Mind

Belief

**am I that monkey
playfully swinging from tree
perhaps
I may release
let go
allowing life to be
dropping
my defense
no longer seeking
offence
now allowed
to be free
playfully open
allowing all life to be
grabbing truth
willfully generating love
with all my energy**

Manifest

**I have spent a life time
struggling
attempting my reach
love
battles storms
victories
defeats
shadows knocking
pushing the mind
awaking
may harmony be mine
what lays within
shines our light to life
yes
you know the place
if I were to create
each action
fulfilled through love
open
giving freely to life
graciously sharing
blessed by caring
experiencing
what God gave us
life**

I Am What

**I am what
I choose to be
I manifest
what I see
believe
remember faith
belief
allowing
what I choose to see
I see grace, humility
I see balance, peace
I see acceptance, love
we are
what we choose to be
take my hand
love
what I choose to be
what I believe
what I see
I will
LOVE**

Create Being

**it may be evil
to provoke
the inane
may I ask
what if god
I create
that which
I see
I will never tire
I will
manifest love
each evolution
may I
the challenge
will I believe
will I see
love manifested
my soul
goes where I carry it
I am the wind
filling my sail
the pull
me
gravity
creation
thought becoming
consciousness
creating being**

Evolve

**If I am
as I was
where then
have I been**

Dream A World

**I want to bellow
till wind topples
I want to jump
till mountains crumble
yet
judgment may not
be mine
I am pulled
cascading
through space
what gravity
holds me
to love
as harmony I create
peace fills my soul
accepting all
allowing love
bouncing
dancing joyfully
between dimensional belief's
I question
all
I choose the experience
chemical messages
I release
creating moments
within space
I dream a world
filled by harmony
bathed in peace
manifesting love**

S T F

**I know
I may
fear serve
I may
love serve
at the turn
there will be one
I know
I may
pleasure experience
I may touch
with acceptance
I may taste
with acceptance
I may hear
with acceptance
I may smell
with acceptance
I may believe
love**

Shake The Fear !

Umm 5/13/2012

Space Jam

**caramel dipping sauce
focus bouncing
what is real
which is defined
black whole
thought
at the core
energy of creation
quantum measure
perceived
through the observer
now
the minds wish
becomes
get it
thought
creation
when we believe
with the me
myopic
the vision will be
when sound
reverberates
seriously
we should never take
that which
we define as me
a truth penetrates
this is a trip
which our mind
may define
we may release
be at peace
live within love
this is a trip
love the trip**

Purer

**it's funny
the purer I believe
judgment I feed
I have tasted
sin
pillaging life
taking
I will spend
space
each day
reminding
it is life
I love
affirming
I love you
I am sorry
please forgive me
thank you
mending the fence
may be
we need not
stand fast
choosing pain
we may bend
redefine
choosing chemicals within
releasing pleasure
living
forgiveness**

Create Love

**I remember
being torn
pulled
pushed beyond
I was bequeathed
to a world
full of acceptance
creation
at hand
the core
our source
manifesting life
why must I
forget
the love within
I was created
who is to define
giving name
to divine
we are of one
that is life
I flirt
desiring love
requesting
left unfulfilled
awareness builds
dawn shines
love's energy
I create**

No Word

**how do I communicate
no word
thought trip
you know
energy of the mind
to demonstrate
here am I
manifested
may love
I will
become
my me
set free
I must
fear may not
I see
to go
I feel the mountain
guiding energy
upward
that I may
frequency resonating
energy so penetrating
connecting
all life
releasing
which lay within
divine**

I Meet The Man

**an energy
manifesting man
did I meet this day
alone sitting
reaching out
grasping for his God
recoiling
I pushed back
demanding
leave us in peace
affirming his thought
there is
no God here
pushing away
pushing away
this may not be
our trip intended
to share all life
his faith strong
sorry I apologize
just wanting to be
he begged my mercy
my action I question
I saw his pain
enforcing its control
immediate
my head hung in shame
for if I believe
as I do
it was God asking
to share life's grace**

Thought Running

**I know
there is a path
releasing my me
more absorbing
life's energy
releasing my me
a more fulfilled road
I see
In one way
when I release
me
dying peacefully
full of sprit
for ever more
born
just energy
just life
willfully manifesting
harmony
living peace
accepting all
creating love**

**it's funny
we find ourselves
where
remember
it's our trip
love is an energy
we create**

**I should prepare
living forgiveness
living kindness
living love
open fully
to all life
as I breathe
mother father
peaceful energy
experienced
our joyous reunion
realized
energy flows
from source
manifesting
abundantly
as life**

**reflection
what is it
I see
and why
what visions
based on definition
incorporated
within the mind
we are
of the creator
blessed to create
which we believe
what possibilities
do we choose
our world we create
our world we create
our world we create
what dimensional playground
shall we inhabit
what belief's
manifest we shall
into being**

**Sorry
their will be
no judgment**

**Korn
is like cutting myself
my indignation
the vision
which I see
embraced
my anger expressed**

**you want me to be a good son
why do you make me feel
like no one**

**what would it mean
a world
releasing judgment
letting go
no one
throwing stones**

**levels of chill
how willing to let go**

**I ask little
a life lived
creating love**

**have ever you heard
and know immediately that truth**

**the trip
is all about creating
experiences**

A Word with Dad

**my father
am I the destroyer
does you will require
death
destruction
may I create
with love
I see the end
which marks our beginning
I know you feel our world
filled with pain
how should I greet
those
who know
no joy
no love
may I generate
enough energy to penetrate
freeing their souls
allowing your embrace
must a soul recycle
to reclaim
love
father
I see the beginning
I believe love**

Define

**to define heaven
if we release
what is put before our eyes
truth found
my travel
defining
my evolution
measured within my day
many definitions
shared
hollow left
was my heart
struggle do I
pulled by emotion
strangled
by perceived power
to define heaven
an image appears
within our mind
the garden
which surrounds
realized
left as it was
when first given
our radiant warm glow
offering kindness
willingly
caring giving
gift's bestowed**

When Less is More

**the more I own
the more life pulls away
encouraging energy of the me
leading desperately
twisting thoroughly
the mind
begging the notion
of loss
I am aware
we manifest
what we wish
may I say
this will be mine
slipping sliding
forgetting
how we began
asking to be filled
how shall we
fill our lives
remember
we create
our energy expressed
I forward a thought
the less I own
the more
fulfilled will I be
caring
giving
sharing
filled with life
filled with love**

Event Horizon

**trip
tripping
the mind holds
or set us free
we may believe
I willingly
stand at the abyss
peering through
our event horizon
all energy
cascading
faster
faster
stars flashing
tumbling by
till there is no space
I release
within silence
emptiness
peacefully flowing
gravity pulls
spiraling inward
energy penetrating
feeding the soul
reaching the core
illuminated
new beginning
has begun
a unified consciousness
love**

Energy that Binds

**energy that binds
what else shall we define
the energy of life
that which creates
manifests life
life is my God
energy
shining streaming
so I may be
blessed
I pray
you believe
we create
from one energy
manifested
life may be
so we may
believe
energy of the mind
manifested**

Believing

**I believe
nirvana
so all may see
its not really a place
it is the energy I choose to be
why must I see, believe
fear
why must I see, believe
suffering
why must I see, believe
pain
we are energy
only energy
we create
that which
we see, believe
I believe
nirvana
so all may experience
I have made this trip before
bountiful energy
building within
floating above
riding the air
pulling
gravity elongating
the soul
I question
I doubt
I believe
energy cascading
riding over the fall
letting it all go
believing**

Please Believe

**it matters not
your station
release
all
rejoice
know love
greet each experience
with mindful humility
and
open acceptance of all
allow fear not
to cloud thought
drawing the world
through the me
varied colorful roads
traveled
within one path
set free
we may be
hearts calculation
living
as we
mindful
caring
giving joyfully
sharing willingly
filled
abundantly**

Distance

**the distance
within us lays
word
may not suffice
we need
only
believe
becoming
with all our being
touching
our core
realizing truth
releasing
letting
be
allowing all life
to live
free
I will dance
calling
the release
energy
penetrating
enlightening
if we choose
not to see
what vision
may we believe
by being
we become
to see
we need
believe**

Bring Down That Wall

**I see
I feel
I trip
believing
I am below
nor above
any other life
life awaiting
openly
our
embrace
awakening
to divine
I see
I feel
I trip
believing
truth
within lays
energy
manifested
appearing
mirrored
within the mind
outward expressions
experiencing
intercourse
with life**

This Way

**why should I
believe
that I
forever should live
upon examination
the concept
egotistical appears
I am sure
this way
it is not
I am energy
no word may claim
my ship
I will
one day shed
releasing as I must
energy
resting
at peace
life's energy flows
manifesting
surely
as life**

Tread Not

**I cannot go there
I must release
setting the souls energy free
so many times
ego twisting
believing
it's all about me
my me
challenging life
which is given
I may not go there
I will release
choosing to experience
graciously accepting
all
life's gifts
I will live
through the we
releasing me
giving openly
sharing willingly
caring passionately
filled**

To Do No Harm

**what does it mean
do no harm
we attempt cures
externally
from within
we heal
the journey
we begin
choosing
how to be fulfilled
what mountains
scale I shall
I am
no word
I am energy
blessed with life
immaculate creation
dreaming to create
thought
so create
will I**

Lost Me

**I believe
this trip I will
love
dancing
living
within the moment
for me to seek
there is what
I arrived
full
thought it is
forged in mind
suggesting
to own
is that
which fills
soul**

Aware

**awareness begun
truth
understood simply
the eternal circle
which is life
space bending
collapsing
thought
defining
creating
the end
the beginning
stretching
elongating the soul
the realization
I am
I am not
at the core
we are
a singular energy
manifesting infinitely
as life**

Spark

**this spark
I know as me
I challenge
I persist
so much energy
expressed
harm
have I created
awareness bends
my soul
allowed
I will to create
harmony
experiencing peace
accepting all
living love
dawn shines
this
experience
divine**

My Hero

**unsung
sweet
quivered touch
warm embrace
love
skipping
traveling
bending through
thought
space collapsing
manifesting
belief
subtle
creation
beg do I
we believe
love
mindful humility
open acceptance
of all**

Divine

**feeling the thought
thought
generating
feeling
deciding control
choose the experience
allow divine
surreal
sublime
totally connected
the heart
straight
true
universal energy
penetrating
stretching
evincing
divine**

**what does it mean
divine being
fulfilled within
aware
it is energy expressed
which creates
being
the pull we feel
our creation
time
energy
pushing the tide
flowing
evolution
our revelation
within space**

What May We See

**what may I see
no judgment held
life allowed to be
I see
end
I see
beginning
peering deep
within soul
I know truth
I rejoice
I believe
our energies foundation
divine
step beyond
the eyes vision
travel deep
explore the universe
within
what worlds
may exist
which concept
transverse
we shall
thought defined
energy
of heart and mind**

Into the Realm

**as I disappear
sailing into the cosmos
dancing within the ether
lasting energy
framed against the sky
spirit beckoning
harmony
life summoning
acceptance
a gift
I will
all
my travel through space
my intercourse
life's energy
drives my soul
preparing passage
I question
just what
may be
yet there
must I go
deliberate equation
heart mind combine
generating
divine
I
me
released
energy
experienced as we
dreaming
within the dream
the visions
which appear
forged through thought
developing our experience
our evolution**

Oblique

**strange it seems
the path
awareness
the ability
to experience
the ability
to commune
the will to define
our reason
mirror needed not
focused energy
opening the heart
allowing communication
know
the world
within the world
dreams dream
what happens
when god reveals
making aware
truth
energy flowing
life's source
creating being
alone
we are not
humility
our grace
harmony
our foundation
acceptance
our love
life's will
absolute**

**Lament
Dec 14th 2012**

**I may imagine
only
pain suffering
this day felt
tears released
moments etched
life lived
bound to suffering
engulfed in pain
energy seeking release
the crescendo
manifestations darkest
realized
jaundiced energy
now tranquil
as I excavate
exposing
mindstream
at odds
thought has become
we created gun
our vision sown
we
it's maker
I forward
we choose
we may believe
gun
need not be
may awareness
become
we experience
within consciousness
creating
thought evolves
possibilities arise
bound are we
karmic revelations
the energy produced
our lives**

Who What

**who am i
what am i
i know
what i tell myself
i am
the energy i express
my truth
listen
message life sends
life my teacher
not bound
to emotion
offering awareness
offering passage**

Off World

**one hour down
no sense
of the me
stilling body
stilling mind
releasing
just energy
reaching
moments
appeared
transverse space
traveling
delving
black holes
nebulas
angelic visions
creations light
life's dawn
divining worlds
with delight**

Concept

attachment

affix

fasten

connect

ideal

cause

devotion

emotion that binds

attach energy may

fabrications

step beyond illusion

start

with the me

energy held

with belief

pulled by emotion

by perceived power

strangled

the me

arise possibilities

understand

fear unraveling

paraded as real

racing defending

creating offence

world situated

within

fears manifestation

with fear

arise possibilities

understand

telescope points

within

energy at ease

generates ease

understand

release

Live Another Way

**it's time
we must live
another way
dismantling constructs
belief's
where there is fear
no God may be
where there is the me
no God may be
awaken
their are none
we may blame
we must live forgiveness
we must live kindness
we must live love
open fully
to all life
energy encountering
with ease**

Expand

**what is desire
how powerful
may it be
wishing
longing
craving
lusting
is that which
desired
barren
rendered
desire
arise possibilities**

**i am coming to know
just energy
space
bowing
less definition
expanded
consciousness
being**

**i willing give
me
from ourselves
escape
i pray
i see it
the path
brilliant energy
manifesting experience
humbly
accepting
life**

Mind Open

**with egotistical intent
blanked with emotion
worlds created
now buried
by karmic realization
through judgment
salvation
sought
fogged
by delusion
penetrated
by desire
truth
let
to drift
here
I stands
yet this
we are not
puzzled inquiry
we choose
the reflection
we see
energy expressed
we create
look
see
we have
created this
tipping point
reaching
walls falling
light peering
within
this life
we choose
our place**

Infinity

wow

trip

i do

seeee

believe

i understand

repeated incarnation

i walked

this way before

i am aware

i see

0110

1

windows

within

consciousness

traveling through space

beginning

end

we find

matter none

within

infinity

we find

trip

I Abate

**awaken
i pray
my moment
etched
within space
abate
I must
so we
may be
change
changing
changes
spirit
leading
from the heart
wisdom
compassion abound
fear evaporating
pain suffering
escaping
no longer
found
within**

**i'm asking
just be
release I
release Me
dying peacefully
full of spirit
become one
become we
through this portal
essential
becomes life
all life
accept our gift
the ability to define
experience
life
i wish
pray
will
that which fills
soul
humility
grace
harmony
peace
acceptance
love
within all
may reach
stretching
elongating
evolving
consciousness**

WAMH

**mother
father
energy of life
every thought
filled with gratitude
thankful
aware
blessed
we are
born
of the creator
allowed
to create
oceans
of possibility
warm
driven
passionate
winds of emotion
hollowed
impenetrable
mountains of ego
roads
transverse
may we
yet
hiding quietly
awaiting playfully
amidst
boundless
transcendental
majestic stars
surrounded within
silent emptiness
our path
lays**

With All My Heart

UMM 2/11/2013

Spiritual

**spiritual
are we
energy of life
dancing
playing
experiencing
here
we bend
deciding
how
we experience
look
see
we define
we create
we may
release
illusions
perceptions
pain suffering
found
life lived
experience
bathed within
humility
harmony
acceptance**

Word Salad Synergy

**manifested
i live
releasing
pain is physical
not an emotion
release
listen
passage
life delivers
we pass
alone
actualization
to see
to be
reflection
pause
believing that
believing this
why do I
need to kill
extinguishing
life
what do I manifest
where do I manifest
deep within consciousness
energy blessed
harmony
the goal
corner turned
penetrating energy
beginning
redemption
release
let be
we may
our self save
acceptance**

Come

**come
fear not
release
let go
pass
let
I
Me
die
live within
we
begin
love's evolution
dismiss
fairy tale
constructs
celebrate truth
we are life
we create
we define
we decide
how we
experience
celebrate truth
our energy
expressed**

IFP

**I feel pain
thought
the need
gun
stolen ideal
fearing love
create what
need for gun
pain I feel
the need
gun
challenge
the mind
discover
what gun
has come to be
warmth
comfort
settling the fear inside
power found
within gun
I feel pain
till no longer
the need
for gun
what vision
has gun
come to be**

Let's See

**how do i choose to live
through the narrow vision of the me
or through an expanded vision of the we
mindful of all**

**the more we let go
accepting all openly
definitions illusion
fades
we live open
filled
giving
sharing
caring
living**

**have ever
felt
racing
running nowhere
behind the cloud
left
our truth
bend
with wind
forces untamed
surrender
trust
allow
receive**

This Was Fun Thanks

**what is this
experience
again
experience
truth
set out
before
allowing
evolution
growth
life
never lies
within energies ether
lives life
appearing magical
to naked eyes**

**what i am trying to say
there is a way to live with life
humility
creating grace
harmony
generating peace
acceptance
willing love**

**if you understood
emptiness
you'll understand
my attempt to be
unoccupied**

**if you understood
silence
you'll understand
my attempt to be
still**

WIOIA

**i pray
all to see
blessed
freeing ourselves
allow
healing
to begin
what is one
is all
life
is life
special
all
manifested
of one
gifts given
warmly
full of energy
allowing
life
as i pass
traveling
through space
to seek forgiveness
is to forgive
so much
life
laid waste
here
standing
willfully
humble
freely
harmonious
purposely
accepting
life**

**What Is One
Is All**

UMM 3/3/2013

WAYS

**if you believe
with all your soul
then ask
mindful
fear
may not exist
no doubt
may be
understanding
creation
within
we
may seek
we
may ask
first
believe
must we
with
one foot
in
one out
concepts
thrown
dealt
believed
grasping
touching
living
may i ask
when shall
we believe
then
shall it be**

With All Your Soul

UMM 3/9/2013

Pride's End

**tripping
falling
by seas of judgment
sand castles withered
my sword
truth
hallowed by the blood
of gods
through space
manifesting warrior
defending
land
king
god
so many lives
passionately driven
bound to ego
to emotion fickle
standing
willing to die
for that believed
before you
slicing
my sword
penetrating
my soul
bare now lays
unfulfilled
there is
no kingdom to defend
gratefully
falling upon the sword
discharging
ego
emotion
awaking
to noble paths
grace
peace
love**

Bending

**the illusion
ego
individualism
separation
add
untamed emotion
spirit fogged
mind warped
the manifestation
generating suffering
pain
life begs
release
dismantling
ego constructs
I
Me
and all
their possibilities
we are becoming
the tide rising
consciousness
evolving
energy penetrating
bending towards
we
all**

Holy Sh..

thought
judgment
entire spectrum
all possibility
manifests
intent
no measure
many brothers
caring
sharing
decrying
judgment
mindful concentration
practical application
judgment may
lay beyond
mind
lacking our energy
withholding manifestation
my brothers wish
life commands

Gravity of Mind

**words
like the evaporating essence
opium
hashish
mary jane
ripples within thought
bending space
manifesting
energy realized
drifting peacefully
sailing patiently
into the ether
words bend
as they travel
meaning stretched
by the gravity
of our minds
earth
as flat
earth
as round
earth
as energy
i pray
vision
not to see
so We
may be**

Sacred Manifestation

**no matter where
no matter what
lessons applied
until learned
must we stub our toe
on the very same door
illusions so real
appearing as movement
measured with time
life endures before us
gesturing
leading
giving
what We
need**

Experience One

**may i
experience
the one
the world
a much different
dimension
the mechanism
by which we experience
gathered within
conceptual thought
humility
harmony
acceptance
the task
to spin thought
inward
understanding
experience created
within
chemicals releasing
thoughts expression
humility
harmony
acceptance
experiencing
one**

Here Me See Me

**if we do not hear
life articulating
we
are truly deaf
if we do not see
life revealing
we
are truly blind
this energy
anguishing horribly
with the consequence
of our dis - ease
venerated children
unable to breath
cherished elders
unable to sustain
thought
manifesting
by the way
we choose to be
by the way
we choose to live
we landed within
blessed with life
nothing belongs to me
I have nothing
but this energy
life
all life
we**

End Judgment

**to end judgment
apply to the mind
humility
harmony
acceptance
patiently practice
living each
with every breath
fear no failure
remember faith
apply to the mind
humility
harmony
acceptance
practice patience
living
with every breath**

Restless Soul

**detaching
falling
climbing off
I
Me**

**emotion
like
adverbs
adjectives**

**within stillness
freedom may be found**

**love's foundation
energy
manifesting
with acceptance**

**if we believe
we have something to fear
it shall be**

**it was never about
one
a being separate
it was awareness
one is all
all is one**

**experience emptiness
a being
unoccupied
experience silence
a being
stilled
allowing life's song**

**quiet
quiet
hear her now**

**fu.....
duality man
kicking my ass
need to let it all go
must reach beyond**

**if we control the holodeck
tell me
what the fu.....
is going on**

**mind is consciousness
mind is energy
expressed**

**allowing thought
our evolution
the creation of being**

**sometimes I turn around
look
and see**

**my mind is yours
i am your mind
i excel to
humility
harmony
acceptance**

**believe a world
letting go of judgment**

**does it matter
if this is real
or an illusion
what matters
our choice
how we live**

**i see you
i accept you**

**our truth
energy expressed
captured as moments
in space**

**i am not here to change life
i am here to live it**

**the thought was what
which was the thought
when we understand
that which we may not
being will have become**

**me them
mine yours
have loss
more less
love hate
security fear
cause effect**

**life 's energy
traveling through
space
measured with time**

**i've been
i've created
thank you
always**

Intent

**intent stands not
when encaged in creation
may i create
without giving rise
to all possibilities
heaven created gives rise
to all the possibilities
including hell**

**it's a long way gone
i am there
the world quietly disappears
i am unoccupied
allowed to create**

Ever Free

**i am
being
energy
spirit
mind
composing
portal
a bridge
through space
transcending the gulf
laid before
connecting
unified
nonlocal consciousness
i am
warmly within emptiness
bathing in stillness
adorned by silence
evolution
of being
allowing sight
to bend beyond
historic concepts
willing to re- define
our way of being
may i with words
free be
may i with image
free be
freedom found
with mind
release
let go
free be**