



Within

**it's not what you see
it's how you see it**

is it time we change the message

**may we walk
as one**

**studying the one
our connection
we become**

**all life
allowed**

**no measure
has one**

**bathing in awareness
choice manifested**

**our message
our world**

i pray acceptance

Way Gone

**it's a long way gone
i am there
my world quietly disappears
i've released everything
i am unoccupied
allowed to be
allowed to sense
there is no Me
there is no I
there is no fear
there is no judgment
here there is energy
occupying space
space bathed
within
humility
harmony
acceptance
manifesting
grace
peace
love**

am i enslaved

**what is slavery
when it manifests
what might i see**

**what belief
subscribe
do i**

**i choose
from possibility**

**what beliefs
come to be
with what thought
bound am i**

**i choose
which
lay beyond
mind**

**thought
lacking our energy
withholding manifestation
i pray
release**

**imagine space
energy
connected
manifested with life**

**does it matter
if this is real
or an illusion
what matters
our choice
how we live
life**

Crime

**crime is thinking
we may come to this experience
and do whatever we want**

**energy expressed
we use our world
as a garbage can
creating air
difficult to breathe
manifesting water
unable to sustain**

**look within
understand pain
which now felt**

**we may live
another way
learning
expanding
understanding
our root one
manifesting infinity
before eyes**

**we may walk
the path**

**this was given
with pleasure
creation
life**

**this gift
full with blessing
humbly creating all
bound to harmony
permeated by acceptance**

PVH

**do i confuse happiness with pleasure
may i seek pleasure without regard
what is true pleasure
is pleasure true
why do i have the ability to sense
if not to experience pleasure
what is happiness
what is bliss
do i seek moments of pleasure
to give the impression
illusion of happiness
should i have moments of pleasure
should i seek only true happiness
do moments of pleasure give rise to harm
may i experience moments of pleasure
without creating harm
may i view my outward expression
my manifestation
physical being
sense
from the point of view
to experience true physical pleasure
i first must pleasure
that which
i sense
how may i pleasure that which
i sense
really
what is the reason for this physical trip
if not to experience pleasure
i get the idea
not to confuse
pleasure with happiness
i get the idea
that one should not obtain pleasure
at the expense of another
hence regard**

uNDefined

**what we choose
to focus on**

**looking for
true followers**

**spells bound
forged within
the definition time**

**words defined
visions implanted
within mind**

**my wish
to guide
pointing to salvation**

**all that's left to do
become**

**no fear may bind
definition left
undefined**

**i feel so alive
i feel so free**

blessed

**freedom found
within sweet release**

**all left
undefined**

iyal

**if you are life
you are here to experience**

**how we choose to live
our experience**

**do you believe
trees experience**

**today
we look within
witnessing experience**

**we are possibility
manifesting**

**only as one
may we go
crossing complete**

if faith were easy

**how does our belief
manifest**

look see

**faith
equals fear not**

**see that which
fear manifests**

**it surrounds us
as fog**

**the spirit dimmed
light's penetration difficult**

i pray release

be

**i may not save you
as was my wish**

i may be

**i see your fear
when are energy lacks
unified mass
the darkened mountain
stands before the way**

**believe
see
we are of one**

**as one
release
that which
I Me
manifest**

**transcend
welcome
unified consciousness
join within**

**experience through
humility
harmony
acceptance**

**we the painter
life our paint**

i pray release

WMTS

**yes
we make this shit**

**from possibility
we choose**

our manifestation

**i go places
angels fear to tread**

**all
undefined**

**the tricky part
with realization
i am**

**a possibility
reflection within**

**bound
found
i have become**

**dancing upon stars
soul slipping
sliding**

**its truth
which now
crazy sounds**

i pray acceptance

Sight

**you may imagine
only
feeling all
filling soul**

**feeling empty
release
let it all go
find emptiness
fulfill soul**

**this is light
reflecting through
energy
image within**

**this trip wired
for experience
energy connected
manifestation**

**we are here
to become
choosing
possibility**

I pray humility

WID

**talons of pleasure
passionately driven**

**manifesting
enslaved mind**

**mind bound to me
manifested**

**seeking love
concept now beyond**

**attempting inexplicably
love's manifestation
desires aviary**

i pray acceptance

What is Desire

A Singularity

**it has been
from beginning**

**awareness
brings forth**

**here now
we choose
experience**

**look
see**

**the energy
manifest**

**our choice
we create**

i pray humility

imagine energy

**to imagine
we have no effect**

**utter
delusion**

look within

**see
we create**

**lights
reflection
through energy**

**i pray humility
i pray harmony
i pray acceptance**

Finding Self

**i willfully accept
all gods
all paths
our attempt**

**awaking
seeking our meaning**

**finding us
finding life**

**the demon
believing**

**we have no ability
to create**

**i know not
the moment in space**

**energies tide
bowing gently
riding above**

**all life
experienced
as one**

**all filled
within
humility
harmony
acceptance**

**i pray humility
i pray harmony
i pray acceptance**

ILTGP

i like to go places

**imagination
running wild**

**dancing through
flowering fields
filled by humility
all allowed**

**flying through
passionate winds
filled by harmony
all balanced**

**splashing through
rain puddles
filled by acceptance
all welcome**

Chaos

**through chaos
balance
may be found**

**i am asking
release everything
let it all go**

**it is the I
who must release
only the I
may let it all go**

**release
addiction**

**experience begins
with belief**

**i believe humility
i believe harmony
i believe acceptance**

Circling

dark thought

why

do i go there

pleasure seeking

pretending happiness

at the end of race

left

their is what

i may transcend

releasing mind

freeing being

fulfilled within

i pray humility

i pray harmony

i pray acceptance

that

may i live

that

may i be

thank you

Playful Creation

what is eye

**is i
eye
or
i**

**ownership
filled by ego**

**violence
filled by ego**

**experience
has expense**

**i pray humility
i pray harmony
i pray acceptance**

Code

**clearly
we are here**

**we look
then see**

**minds canvas
becoming reality**

**we see
with mind**

**infinite
connecting elements**

**firing
the command**

**our charge
to the day**

**i pray humility
i pray harmony
i pray acceptance**

Inward Walk

**standing sideways
i walk inward
missing all the stops
transcending within
becoming my dream**

**dancing in my elixir
tripping over the me
struggling just to be**

**i pray life's grace
i pray life's balance
i pray life's acceptance**

**sideways standing
inward walk
be
grace
balance
acceptance**

**thank you
eye see you
eye accept you**

umm perhaps

**perhaps
we should listen**

**what life
has to say**

voices strong

**must i die
to become**

**i saw the look
confusing meaning**

**just what
does it mean
to die**

**releasing
Me
I**

**no longer
bound to ego**

**freed
to become**

i invite intercourse

**energy communicating
exploring
experience**

**i pray humility
i pray harmony
i pray acceptance**

I H V

**twisting
bending
my creators trumpet
beckons**

**life's message
holding me
within
space**

**remembering songs
soulfully sung**

**i march with saints
walking home**

**my love standing
true**

**willing to destroy
all**

**commanding
heavens birth**

**shallow vision
believes**

**dismantling gods world
judging gods world
saves**

**to become
love standing true**

**become
kind with all
equal with all
welcome all**

**i pray humility
i pray harmony
i pray acceptance**

i hear voices

im nl

i may never lie

angelic

not

am i

i chose to live

through ego

i walked that path

ignorance

excuse

i have not

troubled memories

dis - eased thought

falling

upon life's sword

abandoning

I

Me

for giving

possibility

to become

i pray humility

i pray harmony

i pray acceptance

i am non linear

LTW

**i know
i may live this way**

**no matter
how far**

**incarnations
become moments
within space**

**i may each
live**

**seeking
finding**

**humility
harmony
acceptance**

**manifestation
generating thought**

**to pass
the i
the me
must cease**

**allowing life
to be**

all connected

**living
as one**

**i pray humility
i pray harmony
i pray acceptance**

live this way

**i look out
energy that i see**

**i may see
life attempting to be
evolving
always reaching
beyond**

**i may see
acceptance
life expressed
infinitely**

**i may see
harmony
life expressed
kindly**

**i may see
humility
life expressed
respectfully**

**i pray humility
i pray harmony
i pray acceptance**

please may i

pavlov

do you believe

**i think
this energy
a real cool place**

**allowing
life's expression**

if you feel uneasy

**someone is trying
to talk**

communicate

i drool

**the thought
love**

**within one
experiencing**

**acceptance
harmony
humility**

**loves melody
ringing**

i pavlov's dog

do you believe

**may i conceive
need**

**minds encampment
beached upon
shifting sands**

space within

**i have monitored
evolution**

**willingly sharing
conscious mind**

**awareness traveling
through space**

**understanding more
going beyond**

i believe

**i pray acceptance
i pray harmony
i pray humility**

so this is what i did

**i was taught
to fear myself
life
not in step
god's vengeance
bequeathed**

**i sought truth
i observed**

**as i wished
i did
living strictly
through me**

daring god

**looking life
straight in the eyes**

**i lived
as desired
impassioned
by me**

**shallow
experience became**

**seeking
deeper truth
awaking**

**i sought my father
i sought my mother**

**life creating
life becomes**

souls dancing

**awaking
to be**

i pray all to see

i remember thinking

myself

**if shared
myself crazy**

**i write for my God
for it is my gift**

**life
which allows me to share my soul
as I do now**

**i believe
a God
a vision Heaven**

**i believe if I seek
truth
wisely ask**

i will find and receive

**i choose to seek
life's message**

**ask
for life's gift**

**may each reader
find their own message**

their own gift from life

**may my word's
allow
visions**

i have visions

collective memory

how might the wind remind us

just who we are

how might the mountains remind us

just who we are

how might the sea remind us

just who we are

i remember

thank you

ww ao

**i beg to question
what is that
named stealing**

**from what
is stolen**

begging owning

**possibility manifested
energy expressed**

**definition
our focus**

mind experiencing

**become filled
as I
released**

remember

**we choose
experience**

**energy connecting
within**

**where
we are one**

where we are one

**i choose
how i see**

**vision through
our lens**

**we play
with ownership**

why

**to own
is what**

**if my entire
experience**

**exists
within**

**then what
is to own**

**ownership lives
grasping for substance**

**unable to fill
void**

**i pray release
escape**

**let it all
undefine**

**i see humility
i see harmony
i see acceptance**

**all i am
life**

**humble
harmonious
accepting**

**all we may do
is give**

**reception lay's
within**

**we may stop
it
when we decide**

**we manifest
from possibility**

**instinctively taught
attempting to protect**

**ego
defining experience**

**we manifest
to experience**

**why do we use ego
how do we learn ego
what is ego**

**understanding
rivers widening
clouds filling
rain feeding
energy manifesting**

**i am unable to explain
wonder
loving all**

**acceptance
pray i**

live within

what is the soul

soul

**the sum
of energy**

**manifested within
magic elixir**

**which is
life**

question all

**seek
communication**

**we are
our energy manifested**

my dream

**my energy humble
all life equal**

**my energy harmonious
all life balanced**

**my energy accepting
all life welcome**

**live within
life's soul**

i am possibility

**i fold
willingly**

**contorting
moving away**

**i slip past
ego**

**releasing
judgment
fear**

**so I
in dying
become**

**the empty cup
always full**

**i am humility
i am harmony
i am acceptance**

**the soul
alive**

thank you

the living soul

Missing in Action

**do i manifest humility
equality
do i manifest harmony
peace
do i manifest acceptance
love
we
our energy
manifesting
i will manifest
humility
first within
then sharing
giving graciously
to all
i will manifest
harmony
first within
then sharing
giving graciously
to all
i will manifest
acceptance
first within
then sharing
giving graciously
to all**

**dance
spin inward**

**mastering means
releasing all
letting be**

**master of none
filled by all**

**understand
if we walk**

**expressing
i am respectful
with all life
humble**

**expressing
i am balanced
with all life
harmonious**

**expressing
i am love
with all life
acceptance**

energy created

**are emptiness
filled**

**we arrive
home
living within wonder**

**experiencing
life's
majestic magic**

**i pray humility
i pray harmony
i pray acceptance**

willfully dancing within life's elixir

**first
i thought
i was here to judge**

**pain is physical
experienced with mind
pain as emotion
minds illusion**

**clinging to love
realizing
thought
with dante's eye**

**moments passing
thoughts imagination
unable to fly**

**i begin
release
challenging I
withholding thought
it was ever about me**

**released
now free**

**as life
we follow a path
the sons orbit
continuously rotating
evolving
within space**

**descending life's chamber
to here
be
inquisitive wonder
expressed
all that we may
is give**

**i pray humility
i pray harmony
i pray acceptance**

live within inquisitive wonder

**may we change
are world**

**by what
we allow ourselves to see**

**meaning
that which
we believe**

**believe in humility
see equality
with all**

**believe in harmony
see peace
with all**

**believe in acceptance
see love
with all**

**dismiss the definition
by which we currently view**

**focus not
on separation
of being**

**appearance
appears with mind**

**focus energy
believe
with all our being**

just a thought

**in which truth
do we live**

**mind
bending space**

illusion of time

conscious energy

wow

i don't know

**i am possibility
within consciousness**

**i have lived
through ego**

**i believe
this is why
i find myself here**

**in I dying
we may become**

**totally releasing
all that i believe**

**allowing life
simply**

**value found
an empty cup
always full**

**release
defined ego**

**we are life
manifest**

**become more
when less**

**what life
may see**

**within
connected energy**

**may truth
measured be**

**by depth
of soul**

**before i forget
life is**

perfect wonder

**to see
we need release**

**undefine
just be**

**now i am
now i am not**

it's like that

**dissolving
within**

**energies
manifestation**

i am possibility

**tattoo's of mind
images etched within**

**we may not go
by taking away
this is not our creation
yet
here now i am
creating within**

**with what mind
do i ever believe
i may take
or
this or that
may be mine**

**i adjust aperture
no longer
viewing through me**

understanding connectivity

**releasing
drifting above
energies mind construct**

**floating upon wings
of humility
of harmony
of acceptance**

**i willfully manifest
as possibility**

**living humility
living harmony
living acceptance**

**when i look
for design**

**patterns emerge
imaged formed**

**life speaks
when we listen**

**she reaches
patiently
seeking balance**

**life
begets
life**

**the design
celebrate life**

**willfully manifest
humility
harmony
acceptance**

**be
life's energy
manifest**

**thrust
expand**

consciousness

**beyond
I
Me**

**release peacefully
transcend**

**become
just life**

energy manifest

**i will be
peace for all**

i may be

**so much more than me
life evolving
being**

**when you know
you will know**

**belief
becomes**

**truth
a possibility**

life

be

**this is for all
life manifest**

**awareness
brings forth**

**focused energy
becoming**

**evolving orbit
our path**

**awakened consciousness
flowing**

drifting through space

**to have
their must be
have not**

**which concepts
attach
have we**

**just where
may we go**

**thought
manifesting**

**to see
is to still be**

the quiet mind

bath in stillness emptiness

**i salute
my creator**

**i accept
what is given**

**life's foundation
acceptance**

loving life

**rejoicing
within
given
gift's**

**totally connected
alive
life**

**we
manifested
are one**

**life's energy
become**

release

**join within
consciousness**

**experience
possibility**

**our choice
belief
manifest**

**i pray release
i live humility
i live harmony
i live acceptance
be i may**

**stoned
ground**

**twisted
reality**

**traveling
through
space**

**minds
trivial
pursuits
become**

**we
arrive
allowed
creation**

**look
see**

**we
create
experience
within
mind**

**we
decide**

**i
choose**

**humility
harmony
acceptance**

i release

**i know
it's hard to understand**

**how we live life
bringing me here**

**step out side
release**

**to view
life's compass**

start

**there is no
one truth**

**only
perception**

**minds design
what it believes**

**i am
i believe**

**i view
life's grace**

thank you

i wake up

here

i am

**welcoming
experience**

**joining
creating**

**defining
within
acceptance**

tripping with mind

**think not
how
war won**

**think
how
war created**

**end before
beginning**

**minds envision
becomes**

**fears dilemma
minds debate**

**release
re
define**

**slip past
historical concept**

**bend
defined time**

**energy cascading
within space**

**i am
with purpose
exposed**

**ego's possibility
imagined**

**thought's
black whole
i travel**

becoming life

become life

each day

**i am
awaken**

possibility

minds illusion

**I
Me**

we manifest

from same

life's possibility

who am i

**deciding
judgment**

**an attempt
to explain**

**awakening
life's wonder**

release

**i am awaken
releasing
all**

desires escape

**no longer bound
within**

**experience
life**

life am i

**i am
moments**

**manifest
within space**

energy experiencing

**may i
delight create**

**transcend
we have life
awakened
i am
creation of being**

**celebrate
accept all
empty cup
filled**

am i

**summer
salt
fault**

sun

**going down
life's lips
pursed
quivering
tripping**

**stars gaze
sharing**

**energy
within**

**life's
explosion
filling
vacuum**

when

**i am within
filled am i**

**peering through
eye's len's**

**willfully expressing
grace
balance
love**

**i am
willful**

**miss
match**

**this
that**

**talking
tongues**

**hair
raising**

**what
may be
all defined
undone**

**released
totally
chaos**

**grace
those
without
peace
those
without
love
those
without**

**tumbling
tossing
lost**

**failing
the reach
beyond**

**i pray humility
i pray harmony
i pray acceptance**

**then
i release all**

**dancing upon
swollen with passion
blood pooling
chemical energy released
creations delight
becomes
experience
experienced within
if sexual experience
manifest within mind
credit to what
gender's definition**

lips

to cause to move in a particular direction

this is it

**i
identity rip**

**taking
this energy back**

**i live
the code
life**

**just being
become**

**we are energy
aware**

**life
manifest**

**what might we see
conscious energy**

**we
draw
with mind
reality**

**i draw humility
i draw harmony
i draw acceptance**

drawn

**truth stretches
with release**

**curving
spiraling inward**

**a truth is
i am
i am not**

**possibility
manifest
within consciousness**

**i am
no one**

**i am
life blessed
with awareness**

awareness blessed

what a trip

**full myself
was i**

**self realization
then became**

**indeed
reflecting
shallow waters**

**these days
hard to be**

**i stretch
bend
pull apart
twisting mind**

**stepping outside
and beyond
defined**

released i have

**moments
multiplying
incarnation**

**energies
thought**

**manifesting
humility
harmony
acceptance**

may am i

live outside

**stretching concepts
beyond defined**

**infinities symbol
bends the end around
beginning again**

**life's evolutionary
design**

**awareness
cascading through space**

tripping

**experiencing moments
defined as time**

**energies attachment
manifest**

words may never claim

**experience
complete emptiness**

**roots essence
releasing
filling
being**

pulled back to here

**toying conceptually
i am**

**attempting life
straddling line**

**one foot in
one foot out**

without within

**a message sent
blowing through**

**benevolent
scare dew**

**flying the universe
evolution's pace
searching meaning**

**what now
has life
for i am**

**which evolutionary
transition
choose shall i**

**mars aligning
with life**

**may this here
start release**

**i was sure
it was you
who asked me here**

**tangled within experience
rests pleasure and pain**

**minds
universal lens**

bending hues

**omniscient
purples yellows greens
oranges blues reds**

**merge reflecting
life's treasure**

surrender trust allow receive

the beach

**waves pour
life's essence**

**the journey
blows my mind**

**here lay's freedom
within sweet release**

**see
i am
i am not**

**echoes bouncing
reverberated from**

**walls conceived
dividing being**

**scale illusions
face**

**stare down
life's sun**

**release
become
i am
i am not**

i pray release

**what is this
dis ease
manifest**

**what is this
inequality
manifest**

**what is this
fear
manifest**

**through eye's
obtuse object's
of mind**

**sometimes
i glimpse divine**

**life's energy
penetrating
deep within**

**transcending
thought concept**

**realization
wondrous treasure
beyond desire**

**the cup empty
the soul full**

i love you

**i wish to
transcend
going
all the way
releasing**

**escaping
to energies mass**

**what is it
we seek**

**how do we
ask**

experience lay's within

**in the mirror
chasing
phantoms**

image appears

**how do we choose
our expression**

**energy
manifest**

**with mind
gentle wind
becomes**

**forcefully twisted
expressing as it must**

**i will to
transcend
going
all the way
reaching beyond**

**yet understanding
i may not stay
unless all join**

connection becomes

**it's difficult
not**

scared to be

**at the event horizon
understanding**

this is the way

**slipping past
spiraling inward
pulled to beyond**

**cascading fast
faster**

**energy compressing
light's dawn**

**reaching the core
one
all becomes**

**manifesting possibilities
within consciousness**

black whole traveler

for what do we wish

**just believe
to see**

that's how this trip works

**i see bountiful dreams
manifesting with mind**

is mind mine

is mind consciousness

**awoken beings
attempting discovery**

**seeking always
evolving concept**

**through which
majestic lens
shall we view**

**bending space
with mass**

generating image

**moments
defined**

within mind

**releasing
letting go
letting be**

release willfully

**mind bends stretching
pushing through the narrows
descending here
opening eyes
to illusion's
splendor
seeking wondrous vision
the space between
i am
i am not
transcending
releasing
freeing the soul
from ego's disjunction
willfully fabricating
minds construct
within the connectivity
of life
leaving outside
mind
suffering's beginning
i pray vision
not sight
belief
we with conscious mind
define
creating our experience
within ego's release
suffering's illusion
slowly fades
openly accepting all
willingly balancing all
willfully walking
mindful humility
becoming life's
awareness**

release let be

we create our experience

**if cain and abel
must be
what is the message**

**i am
and with ego
as i pleased
it was**

**sadly experiencing
emptiness
laboring endlessly
chasing fulfillment**

**ironies steel hand
cracking
opening to awareness**

**releasing
ego slips away**

**within emptiness
empty cup manifest**

**purpose allowed
infinitely filled**

**try it
straight up bliss**

**when we
are without ego
we may be filled
described
throughout the ages
unconditionally loved
openly accepted
manifest
life's energy**

just be life

Sunday's Blessing

**none
may i take
this way
all
will walk
i see thought
evolving
energies mass shifting
connections awareness
evolving through space
quicken
energies grace
humility
harmony
acceptance
poised
before judgment
before fear
releasing
beckoning
love's will**

this is what i believe

**it's like
life's cycle**

**bending space
with mass**

is this illusion

**trip
am i what**

**chasing minds
illusion**

oh what fun

**tripping upon
mind's envision**

**sailing within clouds
breathing the wind
merrily expressing
wondrous revelation**

**life experiencing
conscious awaking**

**life's energy
creating**

**there is a way
walking within
one life**

**so do i
release**

**i really can't explain it
when i experience it
i am
totally lost
just energy
expressing
minds definition
becomes
the story
always starts with faith
a belief
manifest**

**i am so
enthralled
with that
i am not
minds casual nature
driven
to experience passion
to experience life
defined**

**may i be without
ever being singularity
energy combined
generating mass
leading
moving beyond
judgment
and fears concept**

**release
this is minds show
we experience
we define
creating**

**the place
which lay's beyond
our core
our root**

**manifesting
i am**

am i not

**am i looking
for the gift
or looking
for the me**

**you lost me
when you
started to judge me**

**when you said
the one
was the only way**

**adopting ego's
construct
losing our connection**

**dreadful sight becomes
the metaphorical crash**

**from the shallows of minds
fears guidance
manifest through
tales of woe**

**i pray release
straight up
just be life
.....get it.....**

**the body tool
experiencing
awareness**

**energies connection
an attempt to understand**

stepping past the i am

**as the i am
image appears**

**i know my frailties
minds desires
perched within
manifesting through
definition's aviary
boundless time**

**if we want
we may flip the script
creating
our energies belief**

**i choose
to leave fear
and judgment
outside
mind**

**willfully releasing
i am's
ego construct**

**disappearing within life's
wondrous expression
accepting all
becoming energies love
manifest**

i pray acceptance

**i am found
within
vast immeasurable energetic nebulas
cascading perpetually
within space**

**with life's awaking
awareness
once again
believing
we
are one**

i pray vision

**screaming side show
shadows reverberating within mind
kaleidoscope landscapes blending
into one
life's wondrous energy
becomes**

**imagine the ability
to experience awareness
the gift
the capacity to define
our encounter
life**

**i pray humility
i pray harmony
i pray acceptance**

may i be

**death's illusion
strong**

**penetrating mind
fear's desire
generating salvations king**

**offering improbable solutions
to minds thought construct**

**the empty cup
possibility manifest
through ego's death
standing rightfully
at energies abyss
dancing within nebulas gaseous mix
sailing upon cosmic solar winds**

**life's energy mass
collapsing generating creating
life's graceful expression**

**we look for the other
there is no other
this is the experience**

decide

**it's confusing
writing about a moment found within space
the mind bends instinctively
see
i am
yet
i know
i am not
i see the place as if today
i walk life's path
thought by thought
swinging the hammer
smashing the thumb
creator's mind becomes**

i love to sweat

**sorry there is no savior
we all must live
the way
energies mass generating
slipping past
allow illusion's grace
we are energy manifest
we are life
life is god
we all may live
as life
we need only die once
releasing ego's tragic fate
surrendering
trusting
allowing
receiving**

**living as one life
manifesting life's wondrous grace**

**the i am
problem not
it is that
I attach
to i am
which
starts to bind
willfully shaping realities creation
we define eye to see
always reinforcing
minds belief
holding ego's construct beyond
we may experience
without
living undefined
breathing wondrous
graceful fulfilling experience
accept
we are life
one within boundless possibility
to end suffering
stop
before it begins
let the fucker
stand beyond mind**

wake may i

**i love written word
metaphor's
life expressed**

**a way to view
commonality**

**sharing word's vision
imbedded within
unified consciousness
experienced within mind**

**bending thought's construct
moving beyond**

**kneeled
by river's edge
washing cleansing
splashing away**

**ego's grip vanishing
slowly tumbling out
cradled beyond mind**

**what was meant
uniting
holy ghost
father
son**

**it's time
we may connect**

let's connect

**understanding just how small
again
exploring energies depth
enthralled with pi
ending with the beginning
my energy dances within stars
elemental fragments compressing
magically creating life
trip with me
take the vision for a ride
explore beyond i am
just release
attach zero
multiply to defined
who controls mind
what shape's belief
does form
eject
600 miles per hour
splitting heavens wind
captured breath's grace
cascading within gravities dance
energies mass compressing
focusing
awake
look see**

i pray null

**intimacy without profound understanding
penetration shallow
become one
celebrating intercourse with life
off world vision does become
experiencing graceful union
peacefully one
this is how
we become
though a distant gaze
revealing all
the tide
shall rise
stretching the depths
we began within
life pushing beyond
eagerly evolving developing
life expressing
experience**

penetration accelerated

**if you are asking
saved to be
what vision binds belief
the crossing already complete
life's awareness bends inward
i am
i am not
accepting
realizing love
opening
filled by all**

be

**change
opportunity
move beyond
become stuck
mired within minds
historical construct
mind spinning
65,000 miles per hour
am i
revolving
energy driven
spiraling inward
manifesting image
within mind**

**it is mind
within which
awareness shines**

bungee jump backwards
release gravity
cascade within energies release
floating bouncing touching
breathes grace
when i play at the core
all manifest absolute
wow
head over heels
pulled within
ego reaching grabbing
allowing disconnection
left adrift energies dis ease
i am
is consistently expressing
pulling mind
multiplying demonically
through awakened consciousness

leap conceptually

st.....op
we must nurture
life
all life
we may not walk this way
taking
killing
without consequence
when the light comes on
tears for life
flooding mind's eye
painfully awaking
to what we've become
i kneel
bent in devotion
forgiving all
seeking forgiveness
manifest
gracefully accepting
life's awareness

to nurture life
is to be nurtured

life's energy's mass

**the total mass of the energy of life
is such that no one particular part
may destroy the totality of mass**

**we individually manifest
possibilities of consciousness**

we observe energies rest as death

**only
i am defined
continuously seeks to manifest
ego defining divine right**

**we may participate
we may live as life
nurturing without owning**

**to see rich
we see poor**

**to have
we have not**

**when the slide begins
impulse targets fear**

**pushing through ego's mountain
spiraling inward**

**releasing fear's breathe
landing peacefully within
life's wondrous expression**

**fuck it
believe with all your heart
click your heels
awake up**

**i am
puzzling between
desire
redemption
swimming awkwardly
within possibility
with peaceful release
just be
there is no battle
there is nothing to defeat
there is no other
there is nothing to seek
our minds construct
bending space
manifesting
minds belief
i choose to walk
humility
harmony
acceptance
manifesting life's
grace
peace
love**

**may all good things happen to all
so that all are fully content**

**love is like
exploring
energies experience
openly allowing expression
nurturing acceptance**

**upon rest
how shall we walk
praying heaven's desire
or
living heaven's ideal**

**entanglement
in theory
just open your eye's
life's energy
attempting communication
when we finish
peeling away layers
inside looking
now awakened
to pi**

**wow
just fell
spiraling inward
pushing energy out
tripping the cosmic dream**

love ya all

**we arrive full
as we define
separating
appearing individuated with mind
we begin to believe other
losing sight
blind to the connection
life
think about it
where does suffering
begin
where does suffering
survive**

continually releasing i am

**understanding belief
would we cry
weeping before image
if we express judgment
judgment will be
this is how mind see's
if judgment stood
only as possibility
would you choose
or leave purposely
resting beyond mind**

**falling can be scary
rushing
pulled
within cosmic wind
ushered held aloft
seeing through third eye
stretching elongating
experiences depth
allowing endless truth's
manifest**

**the first time i did this i was scared shitless
i did not know where i would end up
it felt like being pulled faster
faster spiraling
drawn into enlightenment
i am not sure why
i just believed it would all be right
now
i enjoy the ride
i may not profess
each may find their way**

**May all good things happen to all life
So that all are fully content**

**bang bang
bang dead
ego dragging
peeling away peace
pushing mind squarely
into darkness
round round
and around
mindless flesh
provoking energies disgrace
temper tempest
rodeo side show
riding pounding
penetrating
drawing minds aviary
caught within ego's gravity
so easily teased
begging i am's wildest
response
to this day i give thanks
i am's hyde
did i manifest
moments expressed with weakness
yet blessed
life offering redemption
grace before me appeared
a stranger in need
my energy my time
give did i**

**some believe that the gift isn't in giving
that it is the opportunity to give
my humble apologies
love ya all**

**i often wonder
who as control of me
as i am
earl m redwine
standing
defined
creating experience
have i
the march bends
to be where
i am with every step
energy penetrating
i stand now
knowing judgment
accepting acceptance
rejoicing release
as an empty cup
accepting all
releasing
pushing humanity beyond
i ask
you to see
grabbing at possibility**

**love ya
straight up
as i look
i see
one root
be**

tumbling
cascading over life's
fall
i can't say
that you'll know me
i pray that i may
capture all
within acceptance
when i look
i know i've been
again
this race ran
sweat poring
river's of energy
manifest
i beg release
i live release
release becomes
just a moment
within space
when i look
comic revelation become
smiling back at the box
captured
the question
what drives train
which track's
lay bare
arm's vein
desire pin's
souls expression
we trapped
held by delusion

i pray release

**you'll know when we are their
no more will
protagonists be**

love yea all

**in doing
is undone
in seeking
blinder remains
pulled within waters
depth
spiraling staircase's
traveling up then down
bending space
experience
defined as time
minds playground
swinging wildly
touching the sky
balancing riding pushing
the wind
kissing passionately
moist velvet clouds
yes blessed
ability to reach beyond
defined
the sight we see
created within mind
vaguely expressing
willfully attempting
intercourse with life**

**when i am defines
definition becomes**

it's about definition

**when i define mountain
mind see's mountain**

**when i define sea
mind see's sea**

**when i define i am
mind see's me**

**we live
we are life
and with awareness
mind defines
mind see's**

**what is the weight
of equality
what is the weight
of balance
what is the weight
of acceptance**

**i pray humility
i pray harmony
i pray acceptance
to be**

tripping down by central
spied a faded steel blue
mini van
the entire back window read

**one child is worth
all the guns in the world**

when a truth calls
this is an inane argument
provoking delusional thoughts
really
what is gun for
killing
that's all

where
i know
stands i am

**here
perfection lay's within
imperfection
try a little acceptance**

enjoy your trip

**i may have no
expectation
though many wars
did i wage
emphatically captive
held by belief
lamenting deeply
enforcing suffering's definition**

**cold blue steel's blade
penetrating
i willfully release
carving slicing metaphysically
ego's dis-ease
let a drift
conceptual concepts
enslaving mind**

**walking within vast possibility
life's awareness manifest
release expectation**

let it be

**it's not in the reaching
it is in the reach**

**this pored through my mind within seconds
vision after vision pleasantly
stretching physical experience
reaching out and beyond**

**i guess what i am here thinking, the practice of daily mindfulness maintains
equilibrium, attempting the reach. this sounds wise and i experience healthful
benefit with core practices. some of these exercises i have learned from books,
classes, friends and my soul. i puzzle understanding "the reaching", there is no there,
there is here, the reaching complete, then what is left, found within the reach, within
this state of being wonderment may be found.**

**may i be there
and here
what is there
there is no there
walking so fast
i stand behind
i am
bang
i am not
then i look
energy expressing
bound within space
rotation compressing
manifesting
life
are we**

**emotion builds steadily
filling minds canvas
dancing passionately
within ego's delight**

**what we believe is our truth
i believe humility
i believe harmony
i believe acceptance**

**already
way off track
to much me
to much ego
dis - ease
stumbling face first
smash slam pow
caught within life's grace
endlessly pulled back to nadir
i am i am not am i
warp the mind
twisting energy willfully
upon itself
within mind
10 to the 70 trillionth power
i am
just the dude
walking down the street smiling
sharing i accept you
thought may be
the visual
blasting forth
possibility layered
within possibility
have you ever become one
with the energy of the son
tripped fell belief erupting
crashing the sky
brilliantly evoking
majestic shows
producing infinite
wave lengths of light
close eyes
forget seeing
believe
watch it
walked over the edge
fell tripped
upon awaking
here may
humility
harmony
acceptance
become**

may i

**i don't want to be like any of you
i'd rather
never be
what the fu..
do i sell my soul for
paper illusion's dressing minds
don't get me wrong
i know
because i have been
chasing minds delusions
it's like
ripping shredding pulverizing
the ego
releasing the bastard
releasing the bitch
bullshit makes me tired
wadding knee deep
i have spent my life
wanting to be there
splat wham bang
awaking
am i**

i hope i am ready

**i want to dissolve
i want to be totality
i want to be zilch
i want to be as one
what i'm not sure about
may i this
be
thought does provoke
spinning words before eyes
i have begun
questioning all
attempting release
moments gently nurtured
pulling slowly
tangled concepts apart
shifting altering
my base
awkwardly grasping
leaning silently
into complete emptiness**

**cosmic slide
awareness**

**lively looking
splintered by mind
bending
screwing
perpetuating delusion's
manifesting divide
as soon as separation ripens
i am's awareness transcends
traveling within singularity
finite point in space
illusion's wonder capturing
image's face
i bow
kneel
believing all manifest infinitely
from one energy
life**

**it's like
if i drew a comic
what comic would i create
yea
that's all
here we experience
creation
hum
well**

**how do we
draw our world**

**we are not meant to be
forever
dismiss lackadaisical fantasy
life cycling
perpetual evolution
spinning in space
let go of me
let go of i
release
become life
endlessly manifesting
within universal consciousness
merging i am i am not
vision flowing peacefully
accepting all
releasing**

am i

with minds eye

look

see

awkward illusion manifest

trip as you may

i pray humility

i pray harmony

i pray acceptance

**this is my illusion
no one else's
this is my trip
my experience**

**looking out
within
insight begs
know explanation**

**swiftly dancing the dance
our belief reflected**

**evolution revolving
cycle by cycle**

**when energy shares belief
shared illusion manifests**

**boundless possibility
awaits our choice**

**lose self
let it all go**

**become not
attempting
within each breath
releasing**

i am

ting
tang
tong
slip past the ego's
crypt
crawl if you must
escape minds reflexive
impulsion
dance within breath's grace
swinging swaying
dipping
focusing energy inward
awaking
dropping completely off the edge
to understand your depth
fear
ego
stand apart from

i am's realization

**i must release
energy
i must be
no need
no desire
chasing the wind merrily
throughout the ages
the empty window
filled
by all
i wish
i hope
i pray
to willfully share
no expectation
no judgment
acceptance manifest**

**lost within the holodeck
Scott to Kirk
reprogramming begun**

**connect
become one
mind body soul
realizing harmony
stars spinning
dancing gracefully
within eye
energy expressing
grace peace acceptance**

**when i allow harmony
between
i am body
i am mind
i am soul
energies bountiful expression's
illusion's manifestation
our energy dancing spinning
with life
with love**

**it begs what is this
an illusion
it begs what began this
i am soul
it begs what controls the illusion
i am mind
it begs what is experience
i am body**

i will harmony of all

release

**must be
willfully constant
dreaming only dream
standing not with expectation
walking not with judgment**

**open fully
to our natural connectivity**

**view from outside
focus energies knowledge
inward
knowing i am
life actualizing spontaneously
cosmic thunder compressing
wondrous moments of possibility
endlessly expressing**

**with release be
i am with purpose
exposed**

**folding up
tent closing inward
i am
disappearing from eyes stage
no longer tilting vainly
towards decomposing windmills
instinctively expressing
within humility
quietly balancing
within harmony
graciously welcoming
within acceptance
releasing all
conceptually
unifying
i am soul
i am mind
i am body**

**i am
life expressed**

**i'm tired
current belief's
constructed conceptually within mind
tearing life's fabric
sowing fruitless seed
twisting minds illusion
leaning vainly towards personal gain
generating souls chasm
i'm tired
i believe it's beginning
energies manifestation
flowing from source
gathering within
escalator's ride
slowly penetrating
aliening
i am soul
i am mind
i am body**

be

**i am mind
i am body
with balanced state
spontaneously soul harmonizing
trinity**

**i'm trying to melt it all away
each conceptual construct believed
released
abandoned beyond
i am mind
freeing being**

**angelic whispers
balanced upon the breeze
spoken words songs
human gesture
attempting description
moving beyond**

**i love you all
release
be**

**to love
is to accept
to accept
is love's realization manifest**

what a trip

i wish

i could stand on my head

downward causation

**there is nothing here that may destroy us
we appear
we disappear
we appear
life manifesting
evolving energy within space
releasing conceptual noose
ego's fortress withers
yielding to life's steady breeze
peacefully dancing within experience
energy joyfully celebrating life
attempting i am
capturing minds envision**

expressed with word

this week's work

**walk lightly
experience the drama
being drawn
with
humility
harmony
and acceptance**

**how to still body mind
within the circus of life
energies endless expression**

**do not judge it
allow expression
without formulating thought
act not
be
examine deeply
from here to core**

**explore expansive range
infinite possibilities may become
blank state
natural
energies expression merged**

**combine blend unite
gradually blur the individuality
individual identity**

boo
i scare me
thought provoking actions
manifesting energies image
bending light
life's prism
within

shadows calling
dark energy
life elemental
life cascading
life penetrating
life compressing
soul's expression
infinite possibility
realized within consciousness

seeing this
experience becomes
together one

i am body
i am mind
i am soul

**spinning
flying
heads over heels
glancing back
then beyond
stretching
pulling
uselessly chasing
ego's demonstration
bound to the dream
me
mind provoking illusions
encouraged jealously
through delusion's story
solipsism expressing
we absolute within
start
hitching the ride fantastic
life**

be

**i am life
experiencing life
i am body
tool
encountering stimuli
willfully sensing
i am mind
tool
defining stimuli
creating experience
i am soul
holding all
within emptiness
and silence**

**what is time
measurement of what
endless possibility
manifesting within space
mind see's
eyes reflecting
energies expressing light
close eye's
lose self**

**sit back
relax
enjoy your ride**

**walk within
humility
harmony
acceptance
walk as one**

**i attempt
anchorless ness
as wind flowing
within life's tide
ebbing crowning
sailing passionately
navigating experience
as one
humbly meeting each
harmoniously sharing each
acceptingly greeting each**

**i don't know
trip on it
i am tired
tripping
alone
welcome
all**

**to have equality
one must be equal
to have peace
one must be balanced
to have acceptance
one must be accepting
begin within this construct
be each as you may
moments expressing
within know space
patiently breathe
experience i am's depth
focus deeply upon
knowing
i am
spontaneously
releasing all duality
releasing all separation
reaching out
quiet gentleness touching
our entire universe
we arise from one moment
endless possibility expressed
life evolving**

realize depth

**leave out
judgment
expectation
fear
living without
i am's ego concepts
which draw
stories of separation**

**when we separate ourselves
from who we are
illusions power unrealized
we are life expressing
reaping minds experience**

**it's many truth's
we reap
that which we sow**

**what do we sow
what is our seed
giving to that
which give's life
how do our practices
regard life**

yea that's enough

do you understand the dance within

wildly mind's illusion has become

how do we draw our world's

really

what is it

i need

blessed i am

life

a singular possibility

out of endless possibility

using mind

understanding the depth of life

i am

**sin see eye
judgment
creation of other
separation
tearing pulling
ripping life apart**

**elongation of thought
bends light
reflecting beyond i am
i am's
awareness of self**

**i often wonder
intention
mind
what is**

**a curious toy
creating vision
with visions
cascading projector
rotating frame to frame
defining experience
life
moments captured
bound tightly within
generating illusions
belief**

**i pray release
merge totally
lose totally
ego's concept**

be

**i have been as the raging sun
burning through souls expression's
creating suffering
bound to I
lost blind
wandering aimlessly
ego expressing
i must accept
to understand
i am
i am not
am i**

**forgiving
creating forgiveness**

**how do we use our tools
what do we give to this place
what do we take**

**it takes a while
the thought must
become practiced
generating energy
then releasing**

**i express energy
each day i come here
to walk
life's experience
what energy expressed am i**

**may we continue to take and take
when we take from life without thought
i am pulls slowly
bending reaching around
entangled with desire
come on
really
what is our seed to life
what energy manifest**

do i

understanding all duality

end separation

release

understanding all are one

within one conceptually

measure has none

all life equal

understanding all are one

within one conceptually

life expressed harmoniously

all life balanced

understanding all are one

within one conceptually

life expressed gracefully

all life accepted

manifest

i am

**i have been fighting
life's grace
so many truths expressed
within truth stands
mirror's vision
generating image
manifesting belief
release willfully**

what happens when we nurture life

**how do we release
attachment**

how do we nourish life

we are life

we are one

am i

**it's a procession
moments layered
within moments
stripping peeling
grabbing i am's self awareness
releasing
filled by all**

**really those are just words
each shall
settle for their vision
i walk within many manifestations
i am worker making my way now
i am son
i am daughter
i am mother
i am father
i am brother
i am sister
i am one
experiencing dreams vision**

**i think i understand how to walk
mindful humility
mindful harmony
open acceptance of all**

**mindlessly provoked
i am's body
i am's mind
instinctively protecting
i think
i am becoming
too tried to fight
resting resting resting**

**if you want to know what to question
it's ourselves**

duality
the state or quality of being two
in two parts

dichotomy manifest

to have
must there be
have not
really
what is there to have
why do i see have not
is this vision generating because i believe
conceptual need
what should i expect
successes has many truths
what would happen if i released expectation
in which manner
will energy manifest
i've heard it said
" we judge the action
not the person"
creation of separation
so easily manifest
this is all concept
manifested through mind
i will
release
dismissing all believed
freeing being

lost
no longer be

**become lost within i am
discover being
release all conceptually
holding outside mind
ideas of separation
be life
present
unoccupied
free**

be

start with the concept of one
no separation
untwist mind
release the ego concept
view through the lens
we
all possibilities
life

be

**truth
behind which reality lives
what is this dream
created with mind
what does awaken mean
do i have the courage
to totally release all attachment
then what would i be
what vision with mind
acceptance creates
what vision with mind
harmony creates
what vision with mind
humility creates**

**we were talking about energy today
and the attempt to direct it
the story brings to me a smile
wondrous young energy expressing
no filter just reflection
someplace deep within i know this energy**

**i am not sure how it happens
within this state knowing
i am i am not
filled by all**

**straight up love ya
blessed be**

**thought
the day of**

**i am energy
expressing life
through mind's tool
what possibility
become have i**

**why do i always attempt justification
do i understand
with see with the mind
internal interpretation manifested
it's all in the knowing
absolute nothing
zero zilch
total release
allowing life
to live
to be**

**far fucking out
if you could see
what i see**

**it's kinda funny
when i
out look
chaos i see
my minds dis - ease
energy realized
through ego mind
conceptual constructs
stories shared
separation building generating
minds illusion
other
we are life
energy manifesting
within consciousness
as i am knowing
at one moment
arise all energy
evolving life
manifest**

am i

**ripping my conceptual frame work apart
no longer standing here or there
no longer pushing
i am this
i am that
refusing belief which creates separation
refusing belief which creates other
so many definitions hindering communication with life
my mind holds
i will to release
subtle fear lingers
i am grasping
seeking recognition
attaching conceptual concepts
formed through interpretation of stimuli
through which len's
does vision become
me
we**

**concerned with the definitions or relations of the concepts of some field of enquiry
rather than with the facts
just how damaged have i become
thank you trent**

**when i give up the concept
space
out watch
tumbling suddenly within void
vision triggering fear
searching for recognition
mind empty
still
all undefined
surrender
trust
allow
receive**

**free
to be life
blessed be all**

**time to turn off
disengage
stop the train
dead in it's tracks
we are not body
we are not mind
we are one
we are all
no separation
no other
i am easily pulled
believing
i am this i am that
desire of recognition
our place within void
illusions manifest with mind
generating vision**

**i pray
may i release all
nothing disappears
nothing goes away
except conceptual ego
i am this i am that
dissipates held beyond mind**

**minds illusions
dancing playfully within consciousness
energy expressing life
joyfully bound in union as one
energy expressing humbly
energy expressing harmoniously
energy expressing acceptance**

**live life
be**

**bend
move around within
i am
release ideas which bind
energy focused
upon separation
other
ride the tide surfing
penetrating energy
moving gently
universal evolution
beyond ego
focusing mindfully
one
all be**



**protecting delusions belief
no more**

**i am
attempting to kill myself
harming life not
you know
total release
no more me**

i think i knew before i knew

**you just have to say fuck it
just do it
begin the cascade
riding wild rivers of energy
totally at ease
drifting experience to experience
know i am
one identity
one
life**

be

**try to understand
it's all in mind**

**death happens when we attach
i am this i am that**

**if
i am body
i will die**

**view intently upon one
being one
connect to everything around you**

**when we identify with body mind
ego appears
we lose our connectivity
connection
as ego
conceptually intent serves narrow vision
bend stretch expand
release**

when i do this i don't worry about words

**when we look within mirror
who's vision is seen
i accept all loving
what we believe is out there
lives within
release conceptually
ideas of separation
release conceptually
ideas of other**

everything seen inwardly

yea

**what does happy friday mean
to what depths
penetrate thought**

**my thought simple
may all happiness be yours**

love ya all

Thank You

**i pray your day for thanking
rejoicing wondrous blessings
the experience life
resting here
releasing energy knowing core
we rise
from one moment
streaming consciousness
expressing life
simply bath within
i am**

**all i know is internal
willful
accept experience
then release
open fully to the next experience
allowing life's expression**

**for short periods
really just moments
openly connecting with core
living as life
knowing i am not
loving
i am all**

**tripping again
ego takes hold
desire of recognition**

**mindfully develop
patiently breathe
release of self**

be

regarding

vaishnavism saivism buddha

shangdi yu-di pangu

mosses jesus mohamed

all spiritual pathways

expressly manifest may they

soul enunciated willfully

movement forward

slowly penetrating

looking deep within

place heart within heart

surrender

be each as we may

being

awoken

no separation

**we awaken
energy itself
experiencing
i think
therefore
i am not
surrendering totally
self
joining as one
accepting totally
living within love**

be

**when we see separation
we disconnect from life
identifying i am this i am that
ego manifests attempting survival
may i stand within one
continuously experiencing life
no longer held by belief
living experience by experience
with total release
opened for the next experience
when we define
we create
release all**

yea

**this i must admit
belief of i am
special
normal not
always leaving this place
living beyond
ego ain't it great
spinning mind echo's within
thought generating
cascading engulfing
life generating
energetic
wavelengths of light
reflected within eye**

**why take form
what is mind
what is body
how to walk
experience a test
conceptual gel perhaps
this is duality expressed
know one
we are life
know one
dismiss separation**

i am ant am i

oh
oh please
i wish to disappear
i wish to lose self
i wish to walk as one
what is this arcane struggle
within which
i am participates
fragile frozen concepts indentured
beguiling minds illusions
will i die bound by delusions
will i release self
will i live beyond
ego's construct
totally free
to be

have nothing to do
have no place to go
be
oh
oh please

**what does it mean quiet mind
may our mind be empty
a rose
is just a rose
what experience might life bring
does the rose determine of them
which is good which is bad
our mind
what experience is this
which energies river
do we ride
i quietly release
i have these experiences
where i am not
i join with the one
chemically induced visions
transforming
filled completely
i may look out and see
i am earl
i am human
i am life
i am one
the concept of balance
lives within imbalance
what if
it's just that way**

conceptual gel

**there is madness
with method
toying dangerously
twisting conceptual thought
i willfully challenge
structure
belief
exploring passionately
possibility
vision is framed
within
apply focus
thoughts expression manifest
life's experience
we are like babies
playing
experimenting
our effort
attempting conceptually
to understand this place
balance is a natural order
surrender within harmony
release
i am this
i am that**

one be

**balance is a natural order
why push against it
so why do i see
dis-ease
where does this concept arise
i use concept to defile and demonize concept
what is this
all i'm saying
release it
release it all
surrender self
trust life
allow life
receive**

life's grace

**this is continuous change
we
spinning
orbiting
at this point
never before
release that which binds
holds us in a place
examine
the experience is within
how do we see what we see
kneeled
humbled before all
accepting all life
become one
really**

just be

**by what thought am i driven
shall here within a moment
i expose minds construct
concept upon concept
building images with mind
defining
like's dislike's
drawing vision
creating experience
slip beyond
release
know
from one moment
all arise**

**to awaken
to move upward
mount
ascend
to come into being**

**i had to look hard
to see humility
act by act
ultimately
driving me to here**

**i had to look hard
to see acceptance
act by act
ultimately
driving me to here**

**riding surfing balanced
experience to experience**

**if my path
may draw here
so may your's**

**what is understanding
why understand
release
let life drive
holding onto thought
holding onto experience
not
thought exploding
orange blue
amber flashes
applying focus
compressing all energy
generating image
portals of universal mind
creation**

**yea
if you can chill
just energy of life
a singular expression
manifesting experience
we create what we see
release
be
-
-
-
-
.....
.....
.....**

**if i see fear
ego walks near
we singular expressions
life
hold dear**

**if revolution
sensed
it will be
letting go
letting be**

what experience must i experience

till i understand

i am

i am not

i am all

i am one

escape mind

what a fucking experience

trip happiness

trip joy

**when i stop
thought
that's when the ride
gets real
gets wild
stepping
resting
upon the magic carpet ride**

**yea
love the vision**

**twisting
breaking
thought
mind resting within ease
reality flowing sharing giving
filling void**

**what is need
why have need
how deep has need risen
the mind
if not at ease
creates endless need
conceptual thought emerges
we
struggle to fill the void
vision seen**

**with revelation
instinctively become one**

**what does surrender look like
what vision seen**

**oh no
it's very easy
to get caught within mind
hence release
one
be**

**really
what do i bring here
i understand
i know
i am
i am not
i am
collapsing
into one
all energy
all thought
framed within
humility
acceptance
sliding heart first
into balance
no words may i find
to capture
these wondrous treasures
expressed**

**trip happiness
trip joy
love
all**

**i am
to speak words
i wish
not that you hear
i wish
visions realization believed**

peace be

**i may not see it
unless i believe it**

**there is no measure
within one**

**what i give
i receive**

believe

**put away all tools
all thought
where all proportion
merges gently
wondrously forming one
release time
release space
release all
freely captured within silence
deliberately bound within emptiness
living willfully as one
limitless realities
limitless love**

i am divergent

**i just want the energies i meet
to be blessed
to be fulfilled
at ease
harmonized**

**when i awoke
my guidance
try following thought
from conception
to realization
all that i see
reflection
my thought
live humility
live acceptance**

**i'm going to walk
right where i want to be
thank you**

**PS
stop dreaming
be**

**i have shed all my battles
releasing peacefully
into one
need surrendered
quietly vanishing beyond
i have no reflection
accepting all
i have no order
above nor below
indefinitely perched
willfully balanced
within love**

thank you

**spiraling inward
compressing i am
willfully into one
when i ask
what have i created
i mean
what do i see**

**i see abundance
limitless possibilities
i see happiness
i see joy
i will
to love**

**trip
what we see
becomes**

**we give so little
for what we may receive
thought
feeling
creating
think abundance
feel abundance**

believe

**i've been tangled
deep within thought
long
sow sow
long
to know heaven is to know hell
do you remember hurting
please forgive
let go**

**may i see all energy from the view
within one
emerged possibility
ally is not ally
she is energy
nicole is not nicole
she is energy
singular expressions
of love
of life**

be

**what must one do to find forgiveness
what does seeking forgiveness mean**

**is forgiveness
absolute absence of judgment**

**is forgiveness
absolute acceptance of all**

**please don't push
please don't pull
this is absolute wonder
this is absolute love**

**turn off thought
be possibility
empty mind
release
into
one**

.

wow what a day
the playful tension between
knowing and not
this is expression
mind's illusion manifest
what concept is leaving
from what do i leave
to where do i arrive
concept bound by concept
if a mind is capable of thought
10 to the
70,000,000,000,000th power
and all matter
10 to the
80th power
creation arises where

totally release
end your separation
live
as one

**there is no end
with no beginning
i've fallen down
cascading over
transcending within
life's rabbit whole
shaping believing creating
with mind
my reality
their is no separation
only
energy rising
moment by moment
balanced
harmony rains
feeding life
accepting
love rains
gracing life**

what do you see

**what is in thought
becomes**

**man
all are welcome at the party**

**did you miss what it means
one**

**here
touching
understanding
generating
are will**

**it's called
realization of self**

**time to come down from the mountain
the energy now
it's time to ride
energy of release
fear will have no meaning
surrender we must
trust we must
allow we must
receive we will**

**let go
let be**

**words are just a doorway
visions
thought generating
creating
nurtured within mind
come along
let's play
freely tripping
thought fantastic
please awake
welcome the ride
flow with it
balance with it
accept**

**total release of self
absolute abundance**

**i am using duality
in an attempt to draw all within
realization of a reality**

**this becomes a varied road
thought paves our path
belief manifest**

**i expressed through ego for far too long
i know i am and within
i create**

**this is about knowing
we create our reality
we create
all we see
release
be**

**i am here
to see
believe
i am
just focus
pointing
so i may be**

**this vision
this other place
willfully release
ride life's gifts
blessing upon blessing
still thought
emptying self
merge**

**it's like that favorite song
it's beat hypnotizing
transcending
the mind settled
totally peaceful
soundly at ease**

**energy at ease
begets ease
balance
buoyed within
slowly dissipating
dis- ease**

**i was always told
i have a soul
upon deeper reflection
i am soul
this
this thing
it's all soul's expression**

**release
let go
hold tightly to
nothing
be**

man
i'm totally divergent
unconditional loss of self
mathematically expressing infinity
no walls hold me
reaching beyond
moments
living as one

thank you
i pray
one
be

**if i run into a wall
i'm the mason**

**what i'm asking
look
what is it i see
how do i see it
why do i see it**

**upon realization
sudden pressure felt
relax
it's the release
ride the tide
enjoy the ride**

**trip happiness
trip joy**

**think happiness
feel happiness
think joy
feel joy
believe
do you see**

**mind is just a platform
thoughts holodeck
if we don't push
if we don't pull
balancing willfully**

**it's really cool
we see how things are
not what mind body believes**

**trip happiness
trip joy**

**i am just this little thought
trying to reach out
spilling over
playfully bound within duality
jumping left then right
cascading energy
creating
am i**

**i am blessed
so many wonderful expression's have i meet
life is asking me to decide
at who's table shall i sit
man, i have made such drama of this trip
surrender, yea
trust, yea
allow, yea
receive, yea
when i release my thought
just throw it out the window
all settles
all enveloped within abundance
need dissipates
falling over the edge of mind
i am cradled
bathed in love
i know it sounds like
who knows what
yet
this is how i shall live
release everything
be**

my goal is not to be here

i will

to be no where

yea

total release of

i am

.
. .
. .
. .
. .

see

i am not

trip

this is all illusion

which is gift

stop

stop the mind

relax

be at ease

understand

right wrong

exist

only

with mind

fuck

love all

**i'm going to release
i become the ocean
refusing no one
i become life expressing
total love
release your tether
spring forth
become
share the trip
limitless possibility
limitless love**

**release that which binds
confines
god i love
you
all**

**the story is
conundrum expressed
receiving the gift
untangle we must
contradiction
what does
nailed upon the cross
mean
which thought
must be given
words metaphorically experienced
developing refining
vision
drawn upon the wave
one
become**

**see no separation
balance
accept
be**

**i was brought up in duality
not reality
buy creating me
separating
pulling away from one
my desire
voids chasm manifesting
it's like
hitting my head
on the very same mountain
awakening by awakening
really
i love to play with mind
desire without judgment
moments bound with delight
giving life
to this thing
called love**

acceptance

trip
everything
all that i experience
all that i see
i create within mind
i
strung-out
conceptually captured
i must be honest
i know the way
have nothing to do
have nothing to be
yet
tangled here
falling over
then over again
repeating expressions
faithfully feeding
thought's endless need

think abundance
feel abundance
see abundance
believe
end need

**i am found now
bewildered
thought cascading filling void
release appears as struggle
lately
the trip is this
i create the struggle
man what's up with that**

**love ya all
happy friday**

**filled with thought
mind's eye manifesting
slowly approaching emptiness
attempting realization beyond
dreamer and dream
universal expression
conscious awareness become
manifestation of one
do you feel the tide
gently guiding
rising above**

**work
work at what
what is this
this dream
i pray my release
becoming
life unfolds filling void
minds abundance blossoms
have nothing
be
totally free**

**favorite friend
pi**

**i have known much
dis ease
caught
bound by me
seek balance with all
release**

**it gets easier
release upon release
love ya**

**if you don't hear voice's
i don't know
what's wrong
if you don't have vision's
i don't know
what's wrong
understand these truth's
reality's exist within
only
vision
we create
we it's maker**

**love ya all
have nothing to fear
have nothing to do
have nothing
be**

**i know this is human
we
jousting vanquishing
battles within ego mind
so easily tripped
i am
am i
shamelessly defending
perceived offence
of the me
i desire judgment nought
release this concept
allow all variance
accept
release**

be

**fulfillment
not
having this
having that
fulfillment
emptiness
hold nothing
allow life's experience**

**i've always wondered
from what
shall he save me
please construe meaning
jesus is my dude
metaphorically walking
within the shoes
trip
till i fall
falling mindfully
awaken
releasing limitation
seeing without eyes
void filled
life's abundance lives**

**building
peacefully willfully
world**

**giggle giggle
laugh laugh
professing belief
i wish to thank
always
each focused thought
manifest
i need not words
i need not action
i need not
i believe
i see
that's all
laugh giggle
giggle laugh**

be

**i want to dissolve all
i want total emptiness
i want no thought
i want to release all
create i am
this world
purposely focused upon
absolute abundance
all bonded by humility
all bonded by acceptance
all living love**

dreaming my dream

**wake up to the dream
you are dreaming
reality has no limit
none
open
release fully
you are the energy
that you feel
you are the river
that feeds your universe
you are the wind
that carries your ship
you are your world
there is no other
no separation**

dream well

**i may not change your world
i control only mine
just in case you wish
my frequency tuned
to love
all welcome**